



BALLYCLARE PRIMARY SCHOOL

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THURSDAY 22nd NOVEMBER, 2018.

TERM 1



<https://www.easyfundraising.org.uk/causes/ballyclareprimary/>

TOTAL RAISED SO FAR IS: £1244.01



CHILD PROTECTION & SAFE GUARDING ISSUES

As you are aware, we take all Child Protection and Safety Matters very seriously in school. Our pupils are taught, both at home and in school, about how to keep themselves safe. This includes Road Safety, Be Safe Be Seen, Stranger Danger and Online Safety. Each term, we also do the PANTS programme (NSPCC) in school and we ask you, as parents, to do this at home. Sadly, research shows that most children, who are abused, know their abuser. This can even be another child. Children need clear messages to know how to disclose this and the safe people they can talk to. This programme is a very child friendly way to approach such a sensitive issue – please use the attached sheet to help you. Each class in school has done this this term with their teacher.

Please notify Mrs Mulligan, Mr McAuley or Mrs McCollum the Designated Teachers for Child Protection, if you are worried about child safety. If it is an out of hours concern, contact the Ballyclare Gateway Team (02893 349165). Someone will guide you on the procedures to follow. Please, never allow a child to be at risk because you are afraid to do something about it, or to have it checked out. Child welfare and protection is everyone's concern.

Please note also that we have a school policy re uploading children's pictures online from school events. This must not be done unless it is your own child or you have the consent of the child's parent.

THEATRE VISIT P1-7

You will have received a letter regarding our theatre production to be held in school on Friday 23rd November. The show will be 'Beauty and the Beast' and each child will receive a little edible treat to accompany this lovely Christmas Event. Payment should have been sent to school by today. If you have any problem with this – contact the school office.

The cost will be the same as the last eight years - £3.50 per child.

SCHOOL CHRISTMAS DINNER & CHRISTMAS JUMPER DAY – Friday 14th December

Tickets will be on sale from class teachers (cost £2.60) on Monday 3rd and Tuesday 4th December as final numbers must be given to the catering staff. Unfortunately, no late requests will be able to be accommodated. Free meals pupils get their lunch free as usual.

★ *Pupils not taking this will need to bring a packed lunch.*

AQE & ASSESSMENT

Best wishes again to all our P7 pupils who will sit the second paper of their AQE tests this Saturday. We know you will do your best. We are delighted to note that our school's assessment results remain well above the average for standardised tests and our AQE results also attained a very impressive number of top marks in this area last year again.

We are very proud of both the academic and the all-round enjoyable education our pupils receive. The teachers work very hard, alongside our supportive parents, to achieve this.

CHRISTMAS CARDS

Thank you to all parents who participated in our Design a Christmas Card Competition with their children. We had a huge response and we look forward to seeing the finished designs returned on cards in the next couple of weeks.

CHRISTMAS TOY SALE

Our Christmas Toy Sale will be taking place on Monday 17th and Tuesday 18th December. All pupils will get an opportunity to attend this and buy something donated by another family.

This will be a great fun day for pupils and we hope to develop their use of money skills in the process.

If you are able to donate items like toys, games, DVDs, books, costumes etc for this sale, we will be delighted to have them. Send them to school, from MONDAY 3rd DECEMBER, to your child's class teacher and the P7 pupils will sort and organise the items. Please note - books and DVDs should be suitable for children. We also hope to have a 'special visitor' in school before Christmas!

CARE LIST

Some parents have requested their child's name to be placed on our Care List which is only for pupils who have a Court Order in place to prevent them being collected by a birth parent. Please note this list only exists for these circumstances which have been ruled by Court. For others, Staff will only permit collection from school of P1-4 pupils by the prior arrangement of parents - this has always been our practice.

If there is a change in your collection arrangements - this must be told to the teacher via a note or via staff in the playground each morning.

P5-7 pupils often have their own arrangements for walking, cycling, or meeting with parents after school each day. Teachers will supervise their exit from school as normal. If you have any concerns about this please contact Mr McAuley (Vice Principal).

ROAD SAFETY & WALK TO SCHOOL FOCUS

The school has been holding a Road Safety and Walk to School Focus this past week. The pupils looked at a number of road safety issues including 'Being Safe and Seen' on these darker mornings and evenings. They also learned about the benefits of healthy exercise. All of these events raise the profile of their importance and are part of our Pastoral Care. This focus continues next week.

We are delighted to see many pupils already wearing bright items and of course this should continue this week and throughout our darker months. Thanks to all our parents who got involved also.

BOARD OF GOVERNORS (update)

Parents who expressed interest in our Board of Governors will receive additional information from school at the end of November/Early December. The EA reconstitution of other Governors roles has been delayed until this time also.

Thank you for your interest in this parent role in school. It is much appreciated.

COMMUNITY NEWS

COFFEE & CRAFTS hosted by Ballyclare Presbyterian Church on Saturday 24th November 10:00am - 1:00pm. Fun for all the family - home baked cakes, chocolate fountain, make Christmas decoration.

MORNING YOGA CLASSES in Copper Rose Studio, 11 Granges Street, Ballyclare. Tuesday & Friday 9:30 - 10:30am. A full term can be purchased or the option of pay as you go. For further information, contact Catherine 07966676731.

SANTA'S ANIMAL TRAIL at Logwood Plant Centre, starts Saturday 8th December. To view a full list of available dates and prices, or to book your visit, go to www.logwoodplantcentre.co.uk or call 02893322242.

PRIMROSE HILL DAY NURSERY OPEN EVENING Thursday 22nd November, 6:30 - 7:30pm. Funded places available. For more information, contact 02893342191.

As always: If there is anything that concerns you in any way in school, please contact me via the school office or by e-mail if that is easier. I will always follow up any issues raised if I have your contact details.

Mrs Mulligan

SPECIAL NOTICE



**SHAKE UP
WAKE UP!**



Recent research suggests that physical activity doesn't have to be time consuming to boost health; the key is to pack intense activity into shorter time periods. Short bursts of intense exercise have been proven to enhance children's cognitive skills, improve short term memory and increase overall health and fitness.

Every Thursday we have **SHAKE UP WAKE UP** morning routine. Come on up to the top playground at 8:30am and simply follow the energetic workout being led by the teachers at the front.

WHO - P1-P7 children, teachers and parents.

We really want to encourage parents to stay and join in.

WHAT - 10 minutes of aerobic activity to lively 'pop' music.

Includes fun moves from boxercise, zumba and body combat to improve fitness and coordination.

WHERE - Top playground. P1-3 within coned area at the front, P4-7 in the middle and teachers /parents at the back.

WHEN - Every Thursday morning from 8:30am - 8:40am (weather permitting)

WHY - 1. Increase the amount of daily physical activity.

2. Enable the children to start the day feeling energised and ready to learn.

3. Improve punctuality.



**Come to school at 8:30am
on Thursday mornings to
SHAKE UP WAKE UP!**



★ School Bag etc should be left at the bottom playground - it will be safe there. Just remember where you put it!

★ Breakfast Club pupils are also welcome - return to the assembly hall after the Shake Up-Wake Up to collect your belongings.



LEARN THE UNDERWEAR RULE

TALK PANTS AND YOU'VE GOT IT COVERED!

PRIVATES ARE PRIVATE

Parts of your body covered by underwear are private. No one should ask to see, or touch them. Sometimes doctors, nurses or family members might have to. But they should always explain why, and ask if it's OK first. No one should ask you to touch or look at parts of their body that are covered by underwear.



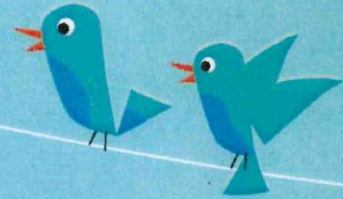
ALWAYS REMEMBER YOUR BODY BELONGS TO YOU

It's your body, no one else's. No one should make you do things that make you feel embarrassed or uncomfortable. If anyone tries, tell an adult you trust.



NO MEANS NO

You have the right to say 'no' – even to a family member or someone you love. Remember, you're in control of your body and your feelings are important.



TALK ABOUT SECRETS THAT UPSET YOU

Secrets shouldn't make you feel upset or worried. If they do, tell an adult you trust. You will never get into trouble for sharing a secret that upsets you.



SPEAK UP, SOMEONE CAN HELP

Talk about stuff that makes you worried or upset. An adult you trust will listen, and be able to help. It doesn't have to be a family member. It can be a teacher or a friend's parent – or even ChildLine.



ChildLine

0800 1111



NSPCC



Cruelty to children must stop. FULL STOP.